

HORS D'OEUVRES	PEANUTS	NUTS	MOLLUSCS	SESAME SEEDS	CRUSTACEA	FISH	EGGS	SOYA	MILK	CELERY	MUSTARD	SULPHUR DIOXIDE	LUPIN	GLUTEN
Carrot Rapee	-	-	-	-	-	-	-	-	-	-	Yes	Yes	-	-
Rustic Pissaladiere	MC (Bread)	MC (Bread)	-	MC (Bread)	-	Yes	MC (Bread)	MC (Bread)	-	-	-	Yes	-	Yes
Classic French Onion Soup	MC (Bread)	MC (Bread)	-	MC (Bread)	-	-	Yes(cheese)	MC	Yes	Yes	-	Yes	-	Yes (Bread)
Grilled Prawns with Pickled Fennel	-	-	-	-	Yes	-	-	Yes (dressing)	-	-	-	Yes (dressing)	-	-
Chopped Chicken Salad	M/C (in herbs)	M/C (in herbs)	-	-	-	-	-	MC	-	Yes	Yes	Yes	-	-
Hot Smoked Salmon Nicoise	M/C (in herbs)	M/C (in herbs)	-	-	-	Yes	Yes	-	-	-	Yes	Yes	-	-
Quiche Lorraine	-	MC	-	MC	-	-	Yes	MC	Yes	-	Yes	Yes	-	Yes
SNACK	PEANUTS	NUTS	MOLLUSCS	SESAME SEEDS	CRUSTACEA	FISH	EGGS	SOYA	MILK	CELERY	MUSTARD	SULPHUR DIOXIDE	LUPIN	GLUTEN
Beef & Pork Meatballs	-	-	-	-	-	-	Yes	-	Yes	Yes	-	Yes	-	Yes
Bellanger's Garlic Bread	-	MC (Bread)	-	MC (Bread)	-	-	MC (Bread)	-	Yes	-	Yes	-	-	Yes
Provençal Olives	-	-	-	-	-	-	-	-	-	-	-	-	-	-
LE PASTA	PEANUTS	NUTS	MOLLUSCS	SESAME SEEDS	CRUSTACEA	FISH	EGGS	SOYA	MILK	CELERY	MUSTARD	SULPHUR DIOXIDE	LUPIN	GLUTEN
Paccheri au Crabe with Sauce Nantua	M/C as per pasta	M/C as per pasta	-	-	Yes	Yes	Yes	M/C as per pasta	Yes	Yes	M/C as per pasta	Yes	-	Yes
Tortelloni à la Française	M/C as per pasta	M/C as per pasta	-	-	M/C as per pasta	-	Yes	M/C as per pasta	Yes	Yes	M/C as per pasta	Yes	-	Yes
Rigatoni Bellanger, bacon fume at	M/C as per pasta	M/C as per pasta	-	-	M/C as per pasta	-	Yes	M/C as per pasta	Yes	M/C as per pasta	M/C as per pasta	-	-	Yes
Ravioles à la Toamto Datterino	M/C as per pasta	M/C as per pasta	-	-	M/C as per pasta	-	Yes	M/C as per pasta	Yes	M/C as per pasta	M/C as per pasta	Yes	-	Yes
LE BAGUETTE	PEANUTS	NUTS	MOLLUSCS	SESAME SEEDS	CRUSTACEA	FISH	EGGS	SOYA	MILK	CELERY	MUSTARD	SULPHUR DIOXIDE	LUPIN	GLUTEN
The Classic (Jambon - Beurre)	MC (Bread)	MC (Bread)	-	MC (Bread)	-	-	MC (Bread)	-	Yes	-	Yes	Yes	-	Yes
The Steak and Peppercorn Sauce	MC (Bread)	MC (Bread)	-	MC (Bread)	-	-	MC (Bread)	Yes	Yes	Yes	Yes	Yes	-	Yes
Le Provençal	MC (Bread)	MC (Bread)	-	MC (Bread)	-	-	Yes	-	Yes	-	-	Yes	-	Yes
The Salmon Nicoise Baguette	MC (Bread)	MC (Bread)	-	MC (Bread)	-	Yes	Yes	-	Yes	-	Yes	Yes	-	Yes
The Bellanger	MC (Bread)	MC (Bread)	-	MC (Bread)	-	-	Yes	-	Yes	-	-	Yes	-	Yes
LES CLASSIQUES	PEANUTS	NUTS	MOLLUSCS	SESAME SEEDS	CRUSTACEA	FISH	EGGS	SOYA	MILK	CELERY	MUSTARD	SULPHUR DIOXIDE	LUPIN	GLUTEN
Coq au Vin	-	-	-	-	-	-	-	-	Yes	Yes	-	Yes	-	-
Beetroot & Red Onion Tarte Tatin	M/C (in herbs)	M/C (in herbs)	-	-	-	-	PP M/C EGGS & Nuts	-	Yes	-	Yes	Yes	-	Yes
Cod with Nantua Sauce	-	-	-	-	Yes	Yes	-	-	Yes	Yes	-	Yes	-	-
Boeuf Bourguignon	-	-	-	-	-	-	-	-	Yes	Yes	-	Yes	-	-
SIDES	PEANUTS	NUTS	MOLLUSCS	SESAME SEEDS	CRUSTACEA	FISH	EGGS	SOYA	MILK	CELERY	MUSTARD	SULPHUR DIOXIDE	LUPIN	GLUTEN
Salade Verte	-	-	-	-	-	-	-	-	-	-	Yes	Yes	-	-
DESSERTS	PEANUTS	NUTS	MOLLUSCS	SESAME SEEDS	CRUSTACEA	FISH	EGGS	SOYA	MILK	CELERY	MUSTARD	SULPHUR DIOXIDE	LUPIN	GLUTEN
Baked Vanilla cheesecake		MC	-	-	-	-	Yes		Yes	-	-	-	-	Yes