

HORS D'OEUVRES	PEANUTS	NUTS	MOLLUSCS	SESAME SEEDS	CRUSTACEA	FISH	EGGS	SOYA	MILK	CELERY	MUSTARD	SULPHUR DIOXIDE	LUPIN	GLUTEN
Carrot Rapee	-	-	-	-	-	-	-	-	-	-	Yes	Yes	-	-
Rustic Pissaladiere	MC (Bread)	MC (Bread)	-	MC (Bread)	-	Yes	MC (Bread)	MC (Bread)	-	-	-	Yes	-	Yes
Classic French Onion Soup	MC (Bread)	MC (Bread)	-	MC (Bread)	-	-	Yes (cheese)	MC	Yes	Yes	-	Yes	-	Yes (Bread)
Grilled Prawns with Pickled Fennel	-	-	-	-	Yes	-	-	Yes (dressing)	-	-	-	Yes (dressing)	-	-
Bellanger Chicken Salad	-	-	-	-	-	Yes - In dressing	Yes	MC	Yes	-	Yes	Yes	-	Yes
Caramelised Goat Cheese Salad	-	-	-	-	-	-	-	-	Yes	-	-	Yes	-	-
Hot Smoked Salmon Nicoise	M/C (in herbs)	M/C (in herbs)	-	-	-	Yes	Yes	-	-	-	Yes	Yes	-	-
Artichoke & Courgette Superfood Salad S/L	MC	Yes	-	M/C (nut mix)	-	-	-	MC	-	Yes	Yes	Yes	-	MC
Endive & Roquefort Salad	MC	Yes	-	MC	-	-	-	-	Yes	-	Yes	Yes	-	MC
Leek, Broad bean & Peas Quiche	-	MC	-	MC	-	-	Yes	MC	Yes	-	Yes	Yes	-	Yes

SNACK	PEANUTS	NUTS	MOLLUSCS	SESAME SEEDS	CRUSTACEA	FISH	EGGS	SOYA	MILK	CELERY	MUSTARD	SULPHUR DIOXIDE	LUPIN	GLUTEN
Baked Camembert	MC (Bread)	MC (Bread)	-	MC (Bread)	-	-	MC (Bread)	MC (Bread)	Yes	-	-	Yes	-	Yes
Beef & Pork Meatballs	-	-	-	-	-	-	Yes	MC	Yes	Yes	-	-	-	Yes
Bellanger's Garlic Bread	MC (Bread)	MC (Bread)	-	MC (Bread)	-	-	MC (Bread)	-	Yes	-	Yes	Yes	-	Yes
Provençal Olives	-	-	-	-	-	-	-	-	-	-	-	-	-	-

LE PASTA	PEANUTS	NUTS	MOLLUSCS	SESAME SEEDS	CRUSTACEA	FISH	EGGS	SOYA	MILK	CELERY	MUSTARD	SULPHUR DIOXIDE	LUPIN	GLUTEN
Paccheri au Crabe with Sauce Nantua	M/C as per pasta	M/C as per pasta	-	-	Yes	Yes	Yes	M/C as per pasta	Yes	Yes	M/C as per pasta	Yes	-	Yes
Tortelloni a la Francaise	M/C as per pasta	M/C as per pasta	-	-	M/C as per pasta	M/C as per pasta	Yes	M/C as per pasta	Yes	Yes	M/C as per pasta	Yes	-	Yes
Rigatoni Bellanger, Bacon Fume et Parmesan	M/C as per pasta	M/C as per pasta	-	-	M/C as per pasta	M/C as per pasta	Yes	M/C as per pasta	Yes	M/C as per pasta	M/C as per pasta	-	-	Yes
Ravioles a la Toamto Datterino	M/C as per pasta	M/C as per pasta	-	-	M/C as per pasta	M/C as per pasta	Yes	M/C as per pasta	Yes	M/C as per pasta	M/C as per pasta	Yes	-	Yes

LE BAGUETTE	PEANUTS	NUTS	MOLLUSCS	SESAME SEEDS	CRUSTACEA	FISH	EGGS	SOYA	MILK	CELERY	MUSTARD	SULPHUR DIOXIDE	LUPIN	GLUTEN
The Classic (Jambon - Beurre)	MC (Bread)	MC (Bread)	-	MC (Bread)	-	-	MC (Bread)	-	Yes	-	Yes	Yes	-	Yes
The Steak and Peppercorn Sauce	MC (Bread)	MC (Bread)	-	MC (Bread)	-	-	MC (Bread)	Yes	Yes	Yes	Yes	Yes	-	Yes
Le Provençal	MC (Bread)	MC (Bread)	-	MC (Bread)	-	-	Yes	-	Yes	-	-	Yes	-	Yes
The Salmon Nicoise Baguette	MC (Bread)	MC (Bread)	-	MC (Bread)	-	Yes	Yes	-	-	-	Yes	Yes	-	Yes
The Bellanger	MC (Bread)	MC (Bread)	-	MC (Bread)	-	-	Yes	-	Yes	-	-	Yes	-	Yes

LES CLASSIQUES	PEANUTS	NUTS	MOLLUSCS	SESAME SEEDS	CRUSTACEA	FISH	EGGS	SOYA	MILK	CELERY	MUSTARD	SULPHUR DIOXIDE	LUPIN	GLUTEN
Sea Bream, Haricot Bean, Petits Pois Ragout	-	-	-	-	-	Yes	-	-	-	Yes	-	Yes	-	MC
Coq au Vin	-	-	-	-	-	-	-	-	Yes	Yes	-	Yes	-	-
Mushroom Bourguignon	-	-	-	-	-	-	-	-	Yes	Yes	-	Yes	-	MC
Rib-eye Steak with Peppercorn Sauce	-	-	-	-	-	-	Yes	-	Yes	Yes	-	Yes	-	MC
Beetroot & Red Onion Tarte Tatin	M/C (in herbs)	M/C (in herbs)	-	-	-	-	PP M/C EGGS &Nuts	-	Yes	-	Yes	Yes	-	Yes
Bellanger Cheese Burger	M/C	M/C	-	M/C	-	Yes (Burger Sauce)	Yes	M/C	Yes	Yes	Yes	Yes	-	Yes
Chicken Schnitzel with LingonberrySauce	-	-	-	-	-	-	Yes	-	-	-	-	Yes	-	Yes
Confit Duck with Spring Beluga Lentil Salad	M/C	-	-	-	-	-	-	-	-	Yes	Yes	Yes	-	M/C
Cod with Nantua Sauce	-	-	-	-	Yes	Yes	-	-	Yes	Yes	-	Yes	-	-
Boeuf Bourguignon	-	-	-	-	-	-	-	-	Yes	Yes	-	Yes	-	-
SIDES	PEANUTS	NUTS	MOLLUSCS	SESAME SEEDS	CRUSTACEA	FISH	EGGS	SOYA	MILK	CELERY	MUSTARD	SULPHUR DIOXIDE	LUPIN	GLUTEN
Salade Verte	-	-	-	-	-	-	-	-	-	-	Yes	Yes	-	-
DESSERTS	PEANUTS	NUTS	MOLLUSCS	SESAME SEEDS	CRUSTACEA	FISH	EGGS	SOYA	MILK	CELERY	MUSTARD	SULPHUR DIOXIDE	LUPIN	GLUTEN
Baked Vanilla Cheesecake	-	MC	-	-	-	-	Yes	-	Yes	-	-	-	-	Yes
Apple Tatin	M/C	M/C	-	-	-	-	PP M/C EGGS &Nuts	-	Yes	-	-	-	-	Yes